

FIND AN ANTHEM

THAT FITS BOTH WORK *AND* LIFE

Q: Should I create more than one Anthem? I'm not the same at home as I am at work.

A: If you haven't found the perfect Anthem to fit both needs, then you haven't found the right Anthem, yet.

INSTRUCTIONS:

Make a list of times you've felt extremely accomplished at work. Next, make a list of times you've felt extremely accomplished at home. Think about the connection between them. Were you extremely detail-oriented in both situations? Maybe each scenario required you to be a passionate advocate for something.

Once you've started to see the traits that are common in both, look at adjectives and nouns that create the same type of feeling. You'll have a perfect Anthem for both in no time.

ACCOMPLISHMENTS AT WORK

ACCOMPLISHMENTS AT HOME